



**Leeds Well
School Partnership**
Physical Activity • Physical Education • Sport



T1 RUGBY

**DEVELOPING CONFIDENCE, SKILLS
AND A PATHWAY INTO RUGBY**



WHAT IS T1 RUGBY?

Our T1 Rugby programme gives primary school pupils the opportunity to learn, enjoy and develop their rugby skills in a **fun, inclusive and non-contact environment**.



HOW IT WORKS

Across the academic year, LWSP will work with schools through a **four-week programme** of in-school T1 Rugby delivery, helping pupils develop their understanding of the game, build confidence and improve their rugby skills. We aim to work with **three schools each half term**, focusing on schools located close to local rugby union clubs.



WHAT'S INCLUDED?

As part of the programme, participating schools will receive an **Allianz Kick Start Pack**, providing teachers with the equipment and resources they need to continue delivering T1 Rugby after the programme has finished.

Each pack includes:



10 England-branded Gilbert rugby balls



15 England Rugby-branded bibs



Cones



Ball pump



Six-week T1 Rugby session plan created by England Rugby



CELEBRATION FESTIVAL

At the end of each four-week block, pupils will have the opportunity to put their new skills into practice at a **celebration festival hosted at a local rugby club**. This gives pupils the chance to experience playing in a club environment and introduces them to the opportunities available within their local rugby community.



RUGBY FOR EVERYONE

T1 Rugby is designed to be **inclusive, accessible and enjoyable** for all pupils, regardless of previous rugby experience. As a **non-contact format** of rugby, it provides a great introduction to the sport while developing key skills such as passing, movement, communication, teamwork and decision-making.

**NON-CONTACT
FUN • INCLUSIVE
FOR ALL**



BUILT ON OUR VALUES

The programme is built around the values of **Enjoyment, Teamwork, Respect, Discipline** and **Sportsmanship**, helping pupils develop both on and off the pitch.



Enjoyment



Teamwork



Respect



Discipline



Sportsmanship



SESSION PLANS (ENGLAND RUGBY)

Download the six-week T1 Rugby session plans to continue delivering T1 Rugby in your school.



SCAN ME



SCAN ME

**MORE KIDS.
MORE ACTIVE.
MORE OPPORTUNITIES.**



**WATCH THE
PROMOTIONAL VIDEO**

A teacher's experience from another area delivering the programme.