



LEEDS NORTH EAST TEAMBUILDING EVENT

at Ramgarhia Sports Centre in Partnership with
Neil Walters from Teambuilding at School

Ramgarhia Sports Centre
8/10 CHAPELTOWN, LEEDS LS7 3AP
Tel. 0113 262 5657

**TEAMBUILDING
AT SCHOOL**
with Neil Walters

 **NUMBER OF
SCHOOLS** **9**
schools

 **NUMBER OF
CHILDREN** **130**

 **GIRLS ONLY** **130**
girls

 **NUMBER OF
SEND CHILDREN** **9**

 **NUMBER OF
BAME** **5**

OVERVIEW

The Team Building Tournament was delivered at the Ramgarhia Sports Centre in LS8, engaging 130 children from nine schools across Leeds North East. The event focused on developing pupils' team-building skills by helping them understand how to work effectively together. Activities encouraged children to support one another, communicate clearly, and collaborate to achieve shared goals, while also developing resilience, perseverance, confidence, and positive social interaction.

The tournament aimed to strengthen relationships, build trust and morale, increase collaboration, and provide opportunities for pupils to resolve challenges and conflicts independently. Through a range of engaging activities, children were encouraged to develop key teamwork skills, including communication, problem-solving, cooperation, and leadership.

The event was highly enjoyable and provided a positive environment for pupils to work together throughout the day.

PARTICIPANTS ROTATED THROUGH THREE ACTIVITY STATIONS:

• Tangrams



• Land Skis



• Stepping Stones



To conclude the event, all teams came together to take part in exciting Tangram Relay Races, providing a fun and competitive finale that reinforced the teamwork skills developed throughout the tournament.

The session was led by Neil Walters from Teambuilding at School and supported by Sports Leaders from Leeds City College. Together, they created a positive, inclusive, and supportive environment that encouraged all participants to engage fully in the activities. By the end of the session, every child had experienced success, developed new skills, and grown in confidence, demonstrating personal progress in their own unique way.



AIMS OF THE PROJECT

- Introduce children to teambuilding activities
- Build confidence and resilience through different challenges
- Encourage positive peer interaction and shared learning

INTENT: DEVELOP & PLAY

These events will have an emphasis on personal development. The aim is for participants to learn and develop new skills.

DELIVERY AND COACHING APPROACH

The session was delivered by Neil Walters, supported by Sports Leaders from Leeds City College, who had received training prior to the event. Clear instructions and guidance were provided throughout, while pupils were encouraged to make their own decisions and work collaboratively to overcome challenges.

Activities were adapted where necessary, with tasks broken down into manageable steps to help pupils build confidence and achieve success before progressing further. This approach ensured that all participants could engage at an appropriate level and develop their teamwork skills in a supportive environment.

Different groups approached the challenges in a variety of ways, demonstrating creativity, problem-solving, and communication skills. Some teams required more time than others to complete tasks, highlighting the importance of perseverance, resilience, and effective collaboration in achieving a shared goal.

SKILLS LEARNED

Throughout the session, pupils developed a wide range of physical and coordination skills, including:

- Communication
- Problem-solving
- Cooperation
- Leadership
- Resilience
- Confidence



OUTCOMES AND IMPACT

By the end of the session:

- ✓ Communication across groups of children improved
- ✓ Confidence noticeably improved, especially amongst the quieter children
- ✓ Many pupils expressed a strong desire to do more teambuilding in school

CONCLUSION

The Team Building event clearly demonstrated the positive impact that working together can have on developing confidence, resilience, and social connections among young people.

Through a range of collaborative challenges, pupils were encouraged to communicate effectively, support one another, and work towards shared goals.

The activities provided valuable opportunities for children to build relationships, develop trust, and strengthen their teamwork and problem-solving skills. As pupils became more familiar with one another's strengths and ideas, they grew in confidence and demonstrated increased perseverance when faced with challenges.

The skills developed throughout the event are highly transferable to everyday school life, helping pupils to work more effectively with their peers in both classroom and playground settings. By fostering cooperation, communication, and mutual respect, the event supported the development of positive behaviours and stronger social connections that can benefit pupils well beyond the tournament itself.

TEACHER FEEDBACK

Kerr Mackie: "A really great way to get the children thinking about teamwork and communicating with each other! I liked the range of activities and the focus on teamwork and cooperation. I liked the mixing of teams at the end for the tangram relays"

St Patricks: "Terrific team time"

Brodetsky: "The children gained new skills and had a great time. Thanks"

Bankside: "A very engaging event which not only challenged pupils physically but mentally too. Each event helped pupils become more confident and improve social skills too"

Chapel Allerton: "What a great opportunity to develop teamwork and resilience in a fun and active way. All our children had fun and would love to do more!"
Good range of activities. Good level of competitiveness. Great organisation. Great venue" and location for our school. Children had fun and were all engaged."

Harehills: "Sports leaders were great. Games were straight forward and accessible to all children. The children all worked together despite teamwork being an area for their development. They all loved it!"

Dixons Trinity: "Great variety of activities to improve communication skills, as well as learning new skills. The College helpers were very patient and encouraging"

PUPIL FEEDBACK

Brodetsky: "Giants maze was fun, we were all involved. I liked the puzzle, it was great to work together. Land skis were fun because we had to communicate with each other."

Bankside: "We learnt lots of skills. I liked the relays at the end. We enjoyed everything!"

Kerr Mackie: "I enjoyed being in a team with our friends helping each other out & having fun."

Manor Wood: "I liked the different activities. We have it at school but don't use it much, so it's nice to be able to do it. It was nice to work with other schools."

A fantastic event that developed teamwork, confidence and resilience in children across Leeds North East!